

## SMART Goal Worksheet

Name:

Date:

*SMART Goals are designed to identify specific goals and provide a scaffolding for how to achieve them. A SMART Goal worksheet will be completed for every major assignment to help you keep track of the progress you are making in this course.*

<b><u>Initial Goal</u></b>	
<b><u>S</u></b> Specific	
<b><u>M</u></b> Measurable	
<b><u>A</u></b> Achievable	
<b><u>R</u></b> Relevant	
<b><u>T</u></b> Time-Bound	
<b><u>Revised SMART Goal</u></b>	